

It's that time of year again, a time for new beginnings and New Year's Resolutions. The New Year is a time to make changes. Year after year, we make New Year resolutions. But how often do we keep them? As we close 2013, and reflect on years gone by, let's take a look at the New Year and commit to making a resolution together as a community of friends that we can keep every month. Let's resolve to be better friends and neighbors and be a positive force within the community.

In January, we will join the gym with a friend or neighbor or meet a new one in the healthiest place in town.

In February we will support local restaurants and businesses as we shop or take our spouse or other loved ones out to dinner to celebrate Valentine's Day.

In March we will attend a council meeting and see how government works. We will communicate with our town council so our leaders know what is important to its residents.

In April we will visit the homebound or the elderly in a local nursing home. We will remember the disabled, the sick or injured in the hospital.

In May we will take a walk in the park and support and thank our Veterans, past and present who fought and continue to fight to give us the freedom to enjoy every day.

In June we will keep safety first and not talk or text on a phone while driving. School is out, keep our kids safe and enjoy town sponsored events including the local Street Fair.

In July we will join the Municipal Swim Center and enjoy the fireworks display on the 4th and join up with friends and family at the summer concerts.

In August we will come out and support youth sports by watching a Little League, Babe Ruth or Soccer Game at one of our many upgraded ball fields.

In September we will send our kids back to school and take a night on the town by participating in our annual Restaurant night where we will enjoy good food, entertainment and community camaraderie.

In October we will enjoy the spooky Halloween events, and learn some tips for healthy eating and snacks through the annual Food Day event sponsored by the Health Department.

In November we will get out and vote in Municipal, County and Federal elections in the annual General Election.

In December we will have a giving spirit and donate to charity, food banks and support all of our local service organizations. The Secaucus Emergency Fund and K&S work closely with our Social Services Department to give critical assistance to those that need it most.

As we make these New Year resolutions together, let's also continue to carry the community spirit we are known for with us every day by shopping in our local stores, eating in local restaurants and making healthy choices a main priority. As this year begins, I welcome you to

stop in my office as we greet the New Year as old friends or new friends, ready to face the next challenge.